Blueberry Blast
Gluten Free Granola

Nutrition Facts

Serving Size 1 oz (28 g/1 oz)
Servings per Container 12

Amount per Serving	
Calories 115	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	**6%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 2g	**8%**
Sugars 5g	
Protein 3g	

Vitamin A 0%	• Vitamin C 2%
Calcium 0%	• Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrates 4 • Protein 4

INGREDIENTS: Gluten Free Rolled Oats, Tapioca Syrup, Dried Blueberries (sugar, sunflower oil), Coconut Oil, Grade B Maple Syrup

CONTAINS: Coconut Oil
Baked in a facility which also uses nuts and wheat product. Utmost care is taken to avoid cross contamination.

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